

Project Title: Formative Research study for infants and children < 2yrs old, pregnant and lactating women feeding practices (FRS)

Project Cycle: March, 2013 – March, 2014

Starting Date: 1st of March, 2013

Donor (s): UNICEF

Project Location: Sana'a

Geographic Coverage:

<u>Region</u>	<u>City</u>	<u>District</u>
Coastal	Al-Hudida	Al-zydia
Northern highlands	Ryma	Al-Jaben
Central highlands	Ibb	Hozam- Aloden
South	Lahj	Tuban
-	Hadramot	Syaon

Partner(s): MoPHP (they will work in Hadramot separately)

Beneficiaries:

- 150-200 infants and young children < 2yrs old in each study site.
- 50 pregnant and 50 lactating women in each study site.

i) Background:

- This FRS is the first of its kind to be conducted in Yemen; it will provide specific information on the collective IYCF practices applied in representative Yemeni regions. It will accomplish a thorough study of the foods locally used for IYCF, pregnant and lactating women

feeding practices in terms of quality and quantity. The FRS will furthermore provide recommendations on the IYCF practices, as well as the foods most appropriate for IYCF that are locally available and locally most fitting for the children in terms of nutritional value and for the families in terms of cost.

- The FRS will also offer SOUL the opportunity of building national capacity on the understanding and conducting Formative Research Studies on nutrition issues, as well as the understanding and application of the *ProPAN* methodology.

ii) Goals

A) Overall (Goals):

- To carry out a formative research project in Yemen on infant and young child feeding (IYCF) with the goal of designing interventions to improve nutrition/health of infants, small children and pregnant and lactating women.

B) Specific Objectives:

1. To identify problems related to young child nutrition, breastfeeding, and complementary feeding practices among children 0-23 months of age and the context in which these problems occur as well as testing recommendations change these practices for the better.
2. Identify feeding practices among pregnant and lactating women and test recommendations for improvement.

iii) *Project Contribution to SOUL Strategic Goals:*

- It will services SOUL main objective to save lives and improve our society quality of life.
- If the project was conducted correctly then the outcomes can be used by the health ministry and other organizations to plan an intervention plan based on the findings to decrease rates of malnutrition among the study targeted population.

Expected Outcome (FINAL Results):

1. having a data base of the wrong Yemeni infant, young children, pregnant and lactating women wrong feeding practices.
2. Understanding the underlying causes of the high malnutrition rates among the targeted study group.
3. Providing enough data to design an Intervention Plan to decrease malnutrition rates within Yemen.
4. Receiving experience in conducting *ProPAN* studies.
5. Designing the Yamani food composition table.

iv) Monitoring & Evaluation: (please describe here how do you plan to monitor and evaluate the project)

1. supervisors Report based on the field work.
2. Completed collected data matrices.
3. tasks completion as mentioned in the action plan.
4. During the data collection I will attend the whole process in the first regions. Then, I will conduct regular visits to the other three regions.

v) Current Status (as of July, 2013):

- We are behind schedule in completing activities due to:
 - Delaying in the PCA signing.
 - Delaying the first payment until now.
 - UNICEF neglecting to update the MoPHP with the project activities that disturbed MoPHP and prevent SOUL team from completing the tasks.